LEVELS OF NOISE In decibels (dB)

PAINFUL & DANGEROUS		
Use hearing protection or avoid	140	 Fireworks Gun shots Custom car stereos (at full volume) Jackhammers
		 Ambulances
UNCOMFORTABLE		
Dangerous over 30 seconds	120	- Jet planes (during take off)
VERY LOUD		
Dangerous over 30 minutes	110	Concerts (any genre of music)Car hornsSporting events
	100	SnowmobilesMP3 players (at full volume)
	90	LawnmowersPower toolsBlendersHair dryers
Over 85 dB for extended periods can cause permanent hearing loss.		
LOUD		
	80	 Alarm clocks
	70	TrafficVacuums
MODERATE		
	60	Normal conversationDishwashers
	50	 Moderate rainfall
SOFT		
	40	- Quiet library
	30	- Whisper
FAINT		
	20	 Leaves rustling

MAY IS BETTER HEARING MONTH